Judy Kane

MINDSET COACH | SPEAKER | AUTHOR

Judy Kane helps people understand what subconscious beliefs are and how these can impact their life. She has seen how stressful it can be to have goals that are not being achieved. She partners with clients to remove the blocks that are holding them back. In addition to seeing individual clients, Judy offers workshops, appears on podcasts and radio and TV shows, and gives presentations on this topic. Her mission is to explain life patterns and empower people to create the life that they choose.



PRESENTATION TOPICS

- Subconscious self-limiting beliefs: where they come from, how to recognize them, and how to change them
- The impact of beliefs on your relationships
- The impact of beliefs on your business

LET'S WORK TOGETHER

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ALSO THE AUTHOR OF

YOUR4TRUTHS:

HOW BELIEFS IMPACT YOUR LIFE

